



NONPROFIT ORG
 US POSTAGE
 PAID
 PERMIT NO. 656
 SAN FRANCISCO, CA



About GirlVentures:

The mission of GirlVentures is to *empower adolescent girls to develop and express their strengths.*

At GirlVentures, we explore self, community, culture and environment through outdoor adventure, creative arts and group experiences. Since its founding in 1997, GirlVentures has played a pivotal role in the lives of nearly 3,000 diverse Bay Area girls through our four core program areas: *Summer Outdoor Adventure Programs, School-Year Programs, Leadership Development Program, and Community Courses.*

TM

"I had such a great time! I am so impressed by the skills that are taught to these girls that will be so helpful to them for the rest of their lives! Thank you for letting me be a part of it!"

– Sandy Liaw
 2007 Hike for GirlVentures participant

Brochure design by: Ali Levie
 Photographs by: Elizabeth Pepin



GirlVentures
 The Women's Building
 3543 18th Street #18
 San Francisco, CA 94110



girlventures
 Outdoor adventures for inner discovery

Hike for GirlVentures

Mt. Tam Fundraiser
 Sunday, May 3, 2009



"Some people think that girls are too weak to backpack seven and a half miles in one day, but Project Courage made me believe that I can do things that some people think girls can't do." - Gabriela, 12, Project Courage participant

Hike for GirlVentures!

Mt. Tam Fundraiser

The **Hike for GirlVentures** is a fun, adventurous way to experience the natural beauty of the California coast while supporting GirlVentures' mission to *empower adolescent girls to develop and express their strengths*. Anyone can hike!

Explore the beauty of the California coastline and Mt. Tamalpais:

- Participate in fun team-building exercises.
- Learn lessons in environmental stewardship.
- Receive an introduction into the core components of our outdoor adventure curricula.
- Or, simply hike on your own or with a team.



girlventures

www.girlventures.org

WHAT: Hike for GirlVentures

Choose between a 7-mile or 3-mile hike:

- The 7-mile loop includes steady ascents and descents, offering incredible views of the ocean, lush redwood canyons, oak woodlands, and chaparral hillsides.
- The 3-mile route is an abbreviated out and back hike up to the Coastal Trail or along the Redwood Trail.

WHERE: Santos Meadow

Mt. Tamalpais State Park, Mill Valley

WHEN: Sunday May 3, 2009

- **8:15am - 9:00am** Breakfast and Bib Pick Up
- **9:00am - 9:15am** Participant Orientation (Mandatory)
- **9:15am - 1:00pm** Hike
- **1:00pm - 2:00pm** Lunch and Celebration

WHO: Everyone!

HOW: Register on your own and hike with other GirlVentures supporters or **form a team**.

We encourage corporate teams, family teams, activity group teams, and more. 8-15 hikers per team. Team Captains and Corporate Sponsors should contact GirlVentures for more information.

WHY: GirlVentures awards scholarships to two-thirds of all participants. Help us fundraise and bring **Outdoor Adventures for Inner Discovery** to more Bay Area girls. GirlVentures alumnae and instructors will be available to guide you on your hike.

Thank you for supporting GirlVentures!

START FUNDRAISING TODAY!

Help us achieve our goal of raising **\$50,000 for GirlVentures programs**.

Surpass the Fundraising Levels of \$250, \$500, \$1,000, and \$2,500 and win fantastic prizes including high quality outdoor adventure gear. Please check www.girlventures.org for exact details

Free breakfast and lunch provided!

REGISTRATION CHECKLIST:

- Register online by May 1 at www.girlventures.org.
 - \$45 Adults
 - \$35 Children Under 18
- Create your personalized fundraising page and start raising crucial funds for GirlVentures.
- Form a Team (optional).
- Can't hike, but still want to help? Sponsor a hiker or simply donate to GirlVentures.

* Day-of registration available:
\$65 Adults, \$50 Children Under 18.

GirlVentures is a 501(c)3 nonprofit.
All donations are tax-deductible.



tel: 415.864.0780

fax: 415.861.3464

email: events@girlventures.org